# Enjoy natural and

#### **LONG-LASTING ENERGY**

Flow is an innovative product, made from natural ingredients. The triple effect of this new kind of energy drink is based on the combined effect of these ingredients.

# Ingredients

#### **SEA BUCKTHORN**

Sea buckthorn is the most nutritious of our wild berries. It is rich in Vitamin C and Vitamin E, dietary fibre and essential fatty acids.

#### **GUARANA**

The antioxidant-rich guarana gives a real kick to your day, and plenty of energy for sports, for example.

Also supports weight management.

#### NETTLE

Nettle is our best-known wild leafy green vegetable, a truly powerful herb. It is packed with nutrients.



Experience **Flow'**s amazing effects on your well-being immediately, and also enjoy its long-term benefits!

# FLOW-ENERGY DRINK / SEA BUCKTHORN

**Product information / EN / 2024** 

## Ingredients:

Water, starch, sea buckthorn juice concentrate (sea buckthorn content 23 %), guarana extract (natural caffeine), acidity regulator (citric acid), f lavour, nettle extract, sweetener (steviol glycosides from stevia)

### Contains natural sugars.

#### Instructions:

Mix 1 single-serve sachet (20 g) of the concentrate with 1,5 dl of water.

# Recommended daily dosage:

2 servings.

### Storage:

in a dry place at room temperature.

#### Made in Finland.

Single-serve sachet 7 x 20 g / Package

Contains sweetener. High caffeine content (67 mg / 100 ml\*). Not recommended for children, people who are pregnant, breastfeeding or sensitive to caffeine. \*Product made according to the instructions.

| NUTRITION INFORMATION | 100 g   | Portion<br>20 g |
|-----------------------|---------|-----------------|
| Energy                | 175 kJ  | 35 kJ           |
| Energy                | 41 kcal | 8 kcal          |
| Fat                   | 0,5     | 0,1             |
| incl.saturated        | 0,1     | 0,0             |
| Carbohydrates         | 8,7     | 1,7             |
| incl.sugars           | 3,5     | 0,7             |
| Fibre                 | 0,6     | 0,1             |
| Protein               | 0,2     | 0,0             |
| Salt                  | 0,0     | 0,0             |

**SEA BUCKTHORN CONTENT 23 %** 







# Arctic quality guarantee

# **STRAIGHT FROM NATURE**

We use ingredients straight from nature, such as berries and fruit.

#### **JUST THE ESSENTIALS**

Our products only contain the most nutritious parts of the ingredients.

### **ADVANCED TECHNOLOGY**

We protect the ingredients during the manufacturing process, preserving the delicate nutrients.

### **QUALITY GUARANTEE**

We manufacture our products in accordance with the international GMP and ISO quality standards.

# **Manufacturer: Arctic Nutrition**

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