

Enjoy natural and

LONG-LASTING ENERGY

Flow is an innovative product, made from natural ingredients. The triple effect of this new kind of energy drink is based on the combined effect of these ingredients.

Ingredients

BILBERRY

Bilberry was chosen as the berry of the year in 2013. It is the most well-known of our superberries. Wild forest bilberry, which grows naturally, is richer in nutrients than cultivated blueberry.

GUARANA

The antioxidant-rich guarana gives a real kick to your day, and plenty of energy for sports, for example. Also supports weight management.

NETTLE

Nettle is our best-known wild leafy green vegetable, a truly powerful herb. It is packed with nutrients.

BLACKCURRANT

Blackcurrant is a true vitamin bomb with many health-promoting effects. Compared to other berries, blackcurrant also contains an exceptionally high amount of fiber.

GREEN TEA

This refreshing and popular tea contains plenty of antioxidants and natural caffeine, and it helps to boost metabolism. Green tea is one of the most popular beverages in the world.



NO ADDED SUGAR

VEGAN

MILK-FREE

DOES NOT

CONTAIN TAURINE

GLUTEN-FREE

Experience *Flow's* amazing effects on your well-being immediately, and also enjoy its long-term benefits!

FLOW-ENERGY DRINK / BILBERRY

Product information / EN / 2024

Ingredients:

Water, starch, bilberry juice concentrate (bilberry content 25 %), blackcurrant juice concentrate, acidity regulator (citric acid), guarana extract (natural caffeine), green tea extract (natural caffeine), flavour, nettle extract, sweetener (steviol glycosides from stevia).

Contains natural sugars.

Instructions:

Mix 1 single-serve sachet (20 g) of the concentrate with 1,5 dl of water.

Recommended daily dosage:

2 servings.

Storage:

in a dry place at room temperature.

Made in Finland.

Single-serve sachet **7 x 20 g** / Package

Contains a sweetener. High caffeine content (67 mg/100 ml). Not recommended for children under 18 years old, pregnant women, nursing mothers, or individuals sensitive to caffeine. The daily intake of (-)-epigallocatechin-3-gallate should be below 800 mg. This product is not recommended to be consumed on an empty stomach. *Product prepared according to instructions.

NUTRITION INFORMATION	100 g	Portion 20 g
Energy	197 kJ	39 kJ
Energy	46 kcal	9 kcal
Fat	0,05 g	0 g
incl.saturated	0 g	0 g
Carbohydrates	9,3 g	1,9 g
incl.sugars	2,8 g	0,6 g
Fibre	0,7 g	0,1 g
Protein	0,2 g	0 g
Salt	0 g	0 g

BILBERRY CONTENT 25 %



Arctic quality guarantee

STRAIGHT FROM NATURE

We use ingredients straight from nature, such as berries and fruit.

JUST THE ESSENTIALS

Our products only contain the most nutritious parts of the ingredients.

ADVANCED TECHNOLOGY

We protect the ingredients during the manufacturing process, preserving the delicate nutrients.

QUALITY GUARANTEE

We manufacture our products in accordance with the international GMP and ISO quality standards.

Manufacturer: Arctic Nutrition

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